

Learning Mode

LEARNING1 1-1A. As of today, does your school offer full-time, in-person learning for any students?

Full-time, in-person learning refers to students learning in the school building every day of the school week full-time. Include students who take remote classes while in the school building.

- ☐ Yes
- ☐ No

LEARNING5 1-2a. As of today, does your school offer full-time, **remote** learning for any students because of the COVID-19 pandemic?

Remote learning refers to students using online and/or paper materials to learn only from home or a location other than the school building. Include students who come into the building only for state testing or who come in for services no more than one day a month.

- ☐ Yes
- ☐ No

LEARNING8 1-2d. As of today, was remote learning offered to all students or some students? {Display if LEARNING5 = YES}

- ☐ All students
- ☐ Some students

LEARNING11 1-3a. As of today, does your school offer a **hybrid** of remote and in-person learning for any students because of the COVID-19 pandemic?

Hybrid remote and in-person learning refers to students who are in the school building for less than a full school day or full school week on a regular basis. These students come into school for some days or classes but also stay at home for some days or classes.

- ☐ Yes
- ☐ No

LEARNING12 1-3b. As of today, was hybrid of remote and in-person learning offered to all students or some students? {Display if LEARNING11 = YES}

- ☐ All students
- ☐ Some students

LEARNING18 1-5. You indicated that your school is not offering in-person, remote, or hybrid learning to ANY students. If this is correct, please briefly explain how your school is operating below. **If you are offering learning to students, please hit the back button to update your response to at least one of the previous items.** If your school is closed or not operating in any of the modes inquired above, please explain how your school is currently operating. {Display if LEARNING1, LEARNING5, & LEARNING11 = NO}

Quarantine

Quar6a. Today (or the most recent day you have information), are any STUDENTS currently at home and not allowed to attend school in person because they have been potentially exposed to COVID-19, displayed COVID-19 like symptoms, or have tested positive for COVID-19?

- Yes
- No
- Don't Know
- Not Applicable – all students are currently receiving full-time remote instruction

Quar6b. Today (or the most recent day you have information), how many STUDENTS are currently at home and not allowed to attend school in person because they have been potentially exposed to COVID-19, displayed COVID-19 like symptoms, or have tested positive for COVID-19? {Display if Quar6a = YES}

students

Quar19a. Today (or the most recent day you have information), are any TEACHERS AND/OR NON-TEACHING STAFF MEMBERS currently at home and not allowed to attend school in person because they have been potentially exposed to COVID-19, displayed COVID-19 like symptoms, or have tested positive for COVID-19?

- Yes
- No
- Don't Know
- Not Applicable – we are only providing full-time remote learning at this time

Quar19b. Today (or the most recent day you have information), how many TEACHERS AND NON-TEACHING STAFF MEMBERS are currently at home and not allowed to be in the school building because they have been potentially exposed to COVID-19, displayed COVID-19 like symptoms, or have tested positive for COVID-19? {Display if Quar19a = YES}

teachers and non-teaching staff members

Mental Health & Well-Being

The following items focus on mental health services provided to students during the 2021-22 school year.

MH1. During the 2021-22 school year, which of the following, if any, school-based mental health services have been provided to STUDENTS?

- ☐ Outreach (e.g., a screening of all students for mental health concerns)
- ☐ Case management (e.g., identifying and coordinating mental health support for individual students)
- ☐ Needs assessment (e.g., evaluating the gaps in resources for an individual student's well-being)
- ☐ Individual-based intervention (e.g., providing one-on-one counseling or therapy to student)
- ☐ Group-based intervention (e.g., providing services to a group of students who are all seeking help for the same issue)
- ☐ Family-based intervention (e.g., providing resources to caregivers for supporting their student's health)
- ☐ Telehealth delivery (e.g., meeting between mental service provider at school and students via video or phone)
- ☐ External referrals (e.g., referring students to mental health professionals outside of school)
- ☐ Other, please specify: _____
- ☐ We have not provided any school-based mental health services during the 2021-22 school year
- ☐ Don't Know

MH2. Who provides the mental health services offered at your school? *Select all that apply.* {Display if MH1 ≠ "We have not provided any..." OR "Don't Know"}

- ☐ School- or district-employed licensed mental health professional (e.g., school psychologist, social worker)
- ☐ School counselor (e.g., academic or general counselor)
- ☐ School nurse
- ☐ Outside practice or program that provides services at your school (e.g., university programs, contracted services)
- ☐ Other, please specify: _____

MH3. Does your school provide resources (e.g., information on providers or therapy, emergency hotlines, support groups) for students to seek services outside of school?

- ☐ Yes
- ☐ No
- ☐ Don't Know

MH4. For the 2021-22 school year, did your school make any changes to the daily or yearly academic calendar in order to mitigate potential mental health issues for students and staff?

Include actions like designating time during the school day to focus on mental wellness and adding designated days off for students and staff to focus on their mental health. Please do not include changes due to physical health concerns.

- ☐ Yes
- ☐ No
- ☐ Don't Know

*The following items focus on mental health services provided to **STUDENTS** since the start of the **COVID-19 pandemic**, which began in March 2020*

MH5. Since the start of the COVID-19 pandemic, has your school increased the types or amount of mental health services you provide?

- ☐ Yes
- ☐ No
- ☐ Don't Know

MH6. Since the start of the COVID-19 pandemic, has your school provided staff with any resources (e.g., trainings or professional development) to help identify mental health issues among STUDENTS?

- ☐ Yes
- ☐ No
- ☐ Don't Know

MH7. To the best of your knowledge, how has the percentage of STUDENTS who have sought mental health services from your school changed since the start of the COVID-19 pandemic?

- ☐ It has decreased
- ☐ It has not changed
- ☐ It has increased
- ☐ Don't Know

MH8. To the best of your knowledge, how has the percentage of STAFF expressing concerns with STUDENTS exhibiting depression, anxiety, trauma, or emotional dysregulation/disturbance changed since the start of the COVID-19 pandemic?

- ☐ It has decreased
- ☐ It has not changed
- ☐ It has increased
- ☐ Don't Know

MH9. Since the start of the COVID-19 pandemic, has your school done any of the following to help students cope with the pandemic? *Select all that apply.*

- ☐ Hired new staff to focus on student social/emotional/mental well-being
- ☐ Encouraged existing staff to address student social/emotional/mental well-being
- ☐ Added student classes on social/emotional/mental well-being
- ☐ Created or expanded a program for students' social/emotional/mental well-being
- ☐ Offered guest speakers for students on social/emotional/mental well-being
- ☐ Offered professional development to train teachers on helping students with their social/emotional/mental well-being
- ☐ Held assemblies for students on social/emotional/mental well-being
- ☐ Created community events and partnerships for students on social/emotional/mental well-being
- ☐ Other, please specify:
- ☐ None of the above
- ☐ Don't know

MH10a. To the best of your knowledge, have any of the following groups of students sought out mental health services more than others since the start of the COVID-19 pandemic? *Select all that apply.*

- ☐ Students from particular racial/ethnic backgrounds (indicate in next item)
- ☐ Students with Individualized Education Programs (IEPs) or 504 plans
- ☐ Students with medical conditions, or in families with medical conditions, that put them at high risk for COVID-19
- ☐ Economically disadvantaged students (such as those that qualify for free or reduced-price lunch)
- ☐ English Learner (EL) or English as a Second Language (ESL) students
- ☐ Students experiencing homelessness
- ☐ Migrant students
- ☐ Students in Gifted and Talented programs (aka GATE, TAG, G/T)
- ☐ LGBTQ+ students
- ☐ Other, please specify: _____
- ☐ None of the above
- ☐ Don't Know

MH10b. Which of the following racial/ethnic student groups have sought out mental health services more than others? *Select all that apply.* {Display if MH10a = "...particular racial/ethnic backgrounds"}

- ☐ American Indian or Alaska Native
- ☐ Asian
- ☐ Black or African American
- ☐ Hispanic/Latino
- ☐ Native Hawaiian or Other Pacific Islander
- ☐ Two or more races
- ☐ White
- ☐ Not Specified

MH11. Does your school have a specific program for social and emotional learning (SEL) for STUDENTS?

- ☐ Yes
- ☐ No
- ☐ Don't Know

MH12a. To what extent do you agree with the following statement: "My school is able to effectively provide mental health services to all students in need."

- ☐ Strongly disagree
- ☐ Moderately disagree
- ☐ Neither agree nor disagree
- ☐ Moderately agree
- ☐ Strongly agree
- ☐ Don't know

MH12b. Which of the following factors, if any, limit your school's efforts to effectively provide mental health services to all students in need? *Select all that apply.* {Display if MH12a ≠ Strongly Agree}

- ☐ Inadequate access to licensed mental health professionals
- ☐ Insufficient mental health professional staff coverage to manage caseload
- ☐ Inadequate funding
- ☐ Potential legal issues for school or district (e.g., malpractice, insufficient supervision, confidentiality)
- ☐ Concerns about reactions from parents
- ☐ Lack of community support for providing mental health services to students in your school
- ☐ Requirements that the school pay for the mental health services
- ☐ Reluctance among school staff to label students with mental health disorders to avoid stigmatizing the child
- ☐ Other, please specify: _____
- ☐ None of the above
- ☐ Don't Know

MH13. Which of the following sources of funding have been used to support mental health services for STUDENTS during the COVID-19 pandemic? *Select all that apply.*

- ☐ Federal grants or other federal programs
- ☐ State grants or other state programs
- ☐ District or school financial funding
- ☐ Partnerships or sponsorships with organizations
- ☐ Other, please specify: _____
- ☐ None of the above
- ☐ Don't know

*The following items focus on mental health services provided to **STAFF** since the start of the COVID-19 pandemic, which began in March 2020*

MH14. Which of the following sources of funding have been used to support mental health services for STAFF during the COVID-19 pandemic? *Select all that apply.*

- ☐ Federal grants or other federal programs
- ☐ State grants or other state programs
- ☐ District or school financial funding
- ☐ Partnerships or sponsorships with organizations
- ☐ Other, please specify: _____
- ☐ None of the above
- ☐ Don't know

MH15. Does your school provide STAFF with COVID-specific leave in addition to regular sick leave?

- ☐ Yes
- ☐ No
- ☐ Don't Know

MH16. Has your school provided STAFF with any resources to self-identify mental health issues since the start of the COVID-19 pandemic?

- ☐ Yes
- ☐ No
- ☐ Don't Know

MH17. Which of the following benefits, if any, have been offered to STAFF in your school in response to the COVID-19 pandemic? *Select all that apply.*

- ☐ Individual mental health counseling at the school
- ☐ Group-based/peer support interventions
- ☐ Referrals for mental health services outside of school
- ☐ Additional sick leave or paid time off
- ☐ Increased compensation
- ☐ Mental health-related professional development
- ☐ Other, please specify: _____
- ☐ None of the above
- ☐ Don't know

MH18. Which of the following approaches, if any, have been used by your school during the pandemic to address the mental health of STAFF? *Select all that apply.*

- ☐ Regular staff self-assessments
- ☐ Proactive outreach to staff members
- ☐ Additional professional development focused on mental health
- ☐ Increased preparation time for staff
- ☐ Other, please specify: _____
- ☐ None of the above
- ☐ Don't know

MH19. To the best of your knowledge, how has the percentage of STAFF who have sought mental health services from your school changed since the start of the COVID-19 pandemic?

- ☐ It has decreased
- ☐ It has not changed
- ☐ It has increased
- ☐ Don't know

MH20. To the best of your knowledge, how has the percentage of staff expressing concerns with THEMSELVES or THEIR COLLEAGUES exhibiting depression, anxiety, trauma, or emotional dysregulation/disturbance changed since the start of the COVID-19 pandemic?

- ☐ It has decreased
- ☐ It has not changed
- ☐ It has increased
- ☐ Don't know

MH21. Thank you for completing this section of the survey. We'd like to learn more about what schools are experiencing while continuing to respond to the challenges of the COVID-19 pandemic. In the space below, please share any other information you would like the U.S. Department of Education and other federal policymakers to know about how you have dealt with **mental health and well-being issues among students and staff at your school.**

This item is optional.

Counts

TEACHER0 5-1. Please enter an approximate total teacher count for your school as of today. Please enter the **number** of teachers, including full-time and part-time teachers.

_____ Total number of teachers

STAFF0 5-2. Please enter an approximate total non-teacher staff count for your school as of today. Please enter the **number** of non-teaching staff, including full-time and part-time non-teachers.

_____ Total number of non-teaching staff

ENROLLMENT0. As of today, please enter your **total** student enrollment count. Please enter the **number** of students.

_____ Total number of students

Suggestions for Future Items

FutCont. We want to ensure we are continuing to collect information that is relevant to the daily challenges that schools are facing during the COVID-19 pandemic. In this space below, please share any other topics you believe are important for the U.S. Department of Education and additional federal policymakers to know as we continue this monthly survey collection.

This item is optional.